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# GASTRONOMY LEARNING OBJECTIVES



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# GASTRONOMY LEARNING OBJECTIVES

## Level basic: (2/3)

- be aware of the territory where you live and how the landscape and the climate influence the use of prime materials (Voluntary)
- be able to outline the differences between the countries (gastronomy/food culture?)
- have a basic knowledge of the importance of food sustainability in travel/tourism (why it is important, how this affects our daily eating routine)
- being able to read and understand a menu, outlining which ingredient is typical of your region/country and which is not
- know and be able to describe the local food and wine festivals, making a map including time of year and which products are involved (some examples from own country/region)

## Level intermediate: (4)

- be able to explain why a certain food product is typical in each country (with reference to the territory that is being considered) in travel/tourism
- be aware of how the use of certain food product influences eating habits in one or another country
- understand why it is important to maintain the tradition in gastronomy in travel/tourism
- be able to recognize, by reading, the local and traditional food products of your own country
- be able to explain how and why a food and wine festival is sustainable in travel/tourism and how or why not, suggest improvements or changes

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## Level advanced: (5)

- be able to explain the proposed menu and to outline the links between the proposal of the "old" menu and the "new" (in travel/tourism)
- manage to outline the differences of traditional recipes in the countries in travel/tourism
- be able to explain how history influenced the culinary tradition in your own (and other) country
- be able to explain why and how the use of traditional recipes are important for sustainable tourism
- outline the need to protect the local traditional recipes: how and why
- create a proposal for a sustainable food and wine festival in your own territory



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